

Barn Therapy Centre

Therapies for a Modern World

Linda Thursby ITEC

Keswick Barn / Keswick Hall Road off Intwood Lane/ Intwood/ Norwich/ NR4 6TG

tel :01603 674467 / email: Linda@barntherapy.com / web: www.barntherapy.com



Issue 5

Little sayings

To give real service you must add something which cannot be bought or measured with money, and that is sincerity and integrity.

Douglas Adams

The purpose of life is to live it, to taste experience to the utmost, to reach out eagerly and without fear for newer and richer experience.

Eleanor Roosevelt

Treatments available:

- Remedial & Sports Massage
- Indian Head Massage
- Hot Stone Massage
- Seated Acupressure Massage
- Thai Massage
- Hopi Ear Candling
- Pelvic Correction
- Aqua Detox
- Body Talk
- Reiki

Spring 2007

A year on..... what have I been doing?

One year on... I am overwhelmed as to the success of the Centre and the diversity of the clients I see.

I would just like to run through what I have been treating over the year.

I have had a diverse range and loved every challenge.

Ailments treated:

- Arthritis
- ME
- Depression
- Back and Neck Pain
- Joint pain
- Pre pregnancy aches

- Tinnitus
- RSI
- Migraines
- Post accidents
- Sports injuries
- Stress

Linda Thursby

Barn Therapy News

USP

The Centre has a unique selling point in that the treatments you get are not found anywhere else in Norfolk.

I have clients as far afield as Cornwall, Oxford, Ipswich, Kings Lynn and Leicester who have visited me .

Treating a client is like detective work, where is the pain coming from, what is the real cause, how can it be helped.

Spring offer

For these next few months till 1st of June, the Centre is offering a **Spring clean** for your body.

Experience a **pelvic correction** to ensure the body is straight and in the correct alignment, then a **Back massage** to relax and ease pain. To top it off, have an **Aqua Detox** to help clear away any built up toxins that get stored in the body.

£60.00

Invest in yourself!!!!

Hopi Ear Candling

These hollow tubes when inserted and lit, will draw out ear wax , without syringing, will relieve the pressure on the head due to blocked sinuses, will alleviate headaches and migraines. It is also a great treatment to use after a bout of sickness.

Even people who wear hearing aids have reported their hearing is crisper.

Children can also be treated.

£20 .00 for 2 candles, £5.00 for each candle after.